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Psychology: Developmental (Life Span) (Quick Study: Academic)

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WORLD'S #1 ACADEMIC OUTLINE

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PSYCHOLOGY

Developmental

Basics of development over human lifespan including physical, cognitive, social and personal development through stages and more

FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY THROUGHOUT THE LIFE SPAN

THE THEMATIC COMPONENTS OF HUMAN DEVELOPMENT

- Cross-Sectional and Longitudinal Studies:** The same individuals are studied over a prolonged interval (longitudinal) or many individuals are studied over discrete intervals (cross-sectional).
- Quantitative and Qualitative:** Development may be incremental and focus on metrics (e.g., height, weight and how fast) or qualitative (e.g., puberty or menopause).
- Genetic and Environmental:** The interplay between genetic and environmental factors is a complex one, expressed in different interacting ratios for different developmental modules.
- Culture:** Developmental influences can be context-dependent. For instance, family, community, culture and historical events. (That is to say, environmental factors may play a more dominant role in personality development in a particular culture than in a liberal western culture.)
- Cumulative Effect:** Many developmental influences are best understood in the context of a cumulative developmental process.
- Maturational Dynamics:** Due to recent changes in the longevity of populations, better health and better development, the childhood and stage of developmental thresholds need to be re-examined as being a chronic continuum. For instance, contemporary adolescents are maturing sexually much earlier than their grand-grandparents did, and due to increased longevity and better general health, adults in their 70s are fitter, more active and energetic than adults of the same age a century ago.
- Ethical Considerations:** The experimental and scientific validity of most theories of development is not clearly established due to ethical constraints for instance, it would be unethical to conduct randomly assigned groups of newborn infants to chronically abusive or emotionally abusive treatment as a means of assessing precisely how such factors negatively impact on personality development.

THEORIES OF DEVELOPMENT

- Psychoanalytic:** Emphasizes the role of subconscious factors in personality development. Sigmund Freud, Carl Jung, Alfred Adler and Sigmund Freud are representative of this tradition.
- Behavioral:** A subset of psychoanalytic approaches, behaviorist and cognitive components are thought to be the main contributors to development. Sigmund Freud and Wilhelm Wundt are representative of this tradition.
- Personalist:** Characterized by the view that development is the outcome of biological, psychological and social interaction. Erik Erikson is representative of this theory.
- Piaget:** Focuses on stages of cognitive development, frequently stated as qualitative, discrete processes. Jean Piaget is representative of this tradition.
- Information Processing:** A more approach influenced by the models suggested by research in child and adult cognitive development, emphasizing a sequence of perception, memory and problem solving at various stages of development. David Broadbent's book, *Attention and Communication*, published in 1958, laid the foundation for this theory.
- Systems Theory:** Takes the position that humans cannot be fully understood in isolation of the relationship that they form with family, community and culture. The operational understanding of the whole is greater than the sum of its parts taken in isolation. The work of Roger Barker, Gregory Bateson and Humberto Maturana is representative of this tradition.
- Sociocultural:** This is an evolutionary approach to the process of human behavioral development, in that human beings are seen in the context of the process of natural selection and neurobiological evolution. Various authors, including John Paul Scott and Edward O. Wilson are representative of this tradition.
- Cultural Role:** Views culture as the primary determinant of personality development. In various traditions of the indigenous and non-indigenous cultures, children play a crucial role in defining developmental milestones. Richard Shweder is representative of this tradition.
- Social Role:** Takes the view that the development of personality is best understood in the context of the social role, a person's position in the family, school, peer group, community, and society. Erik Erikson and Sigmund Freud are representative of this tradition.
- Behavioral:** One of the primary theories of personality development, based on the concept of learning through conditioning, behaviorism, but also incorporates aspects of cognitive behaviorism, as the basis for explaining personality development. John B. Watson is representative of this tradition.
- Biological:** Focuses on the role of biological processes in different levels of environmental context, from genes to neural networks, but also emphasizing the role of the environment. Eric R. Rutter is representative of this tradition.

GENETIC INFLUENCE

The role of genetic factors in development of physical and personality traits is variable, due to a complex interaction between genetic (biological) and environmental variables. Some traits may be genetically predetermined, such as eye color, whereas others are only marginally genetically determined, such as height or weight.

INFANCY & TODDLERHOOD (AGE 0-3 YEARS)

PHYSICAL & COGNITIVE DEVELOPMENT

PHYSICAL DEVELOPMENT

- Sensory, motor and perceptual functions:** Initial sensory capabilities (sight, olfaction, taste, touch, hearing, depth perception, locomotion) are limited but develop rapidly.

COGNITIVE DEVELOPMENT

- Sensorimotor Intelligence:** Intelligence of sensorimotor intelligence, which is characterized by the use of sensory and motor skills to explore the environment and learn from it.
- Jean Piaget:** was the first to systematically investigate cognitive development and identified several distinct stages.

SOCIAL & PERSONALITY DEVELOPMENT

- Trust vs. Mistrust:** If a child's needs are adequately met, a sense of trust is developed; if not, mistrust may develop.
- Attachment:** May be secure, insecure, avoidant, or disorganized/contingent. There is a complex interaction between parental and child attachment styles and a child's attachment style has significant consequences for their adult life.
- Separation Anxiety:** Most prominent between 12 and 18 months.

THE DEVELOPMENT OF LANGUAGE & COMMUNICATION SKILLS

- Initial communication:** by infants is by means of facial gestures, crying and cooing.
- Vocabulary:** development of words begins around 12 months; vocabulary expands rapidly around 18 months.
- Development and sophistication:** of parents' language expression greatly affects the child's language abilities.

COGNITIVE DEVELOPMENT STAGES

Stage	Starting at Age	Ability	Example
Infancy	0-1 years	Reflexes, sensory	Crawling
Early Infancy	2 years	Object permanence	Simple words
Childhood	3-6 years	Imaginative play, symbolic thought, language	Simple sentences and play with self
Middle Childhood	7-11 years	Concrete operations, logical thinking, social skills	Cover face with blanket to play
Adolescence	12-18 years	Abstract thinking, self-identity, social skills	Use skills to bring a child
Young Adulthood	19-24 years	Abstract thinking, self-identity, social skills	"Rough test"
Adulthood	25-64 years	Abstract thinking, self-identity, social skills	Hide skills, make mistakes
Older Adulthood	65 years and older	Abstract thinking, self-identity, social skills	Use skills to bring a child

* Object permanence is related to the development of thinking with the caregiver. When, if the mother leaves the room, the child will cry, or when the mother leaves the room, the child will cry.

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Synopsis

Our 3-panel (6-page) guide provides a detailed review of a principal area of mental health care: developmental psychology. A perfect resource for nursing students or those already in the field who want to brush up on their skills, this guide covers the key concepts, skills, theories and their proponentsâ•all essential knowledge for the successful psychology student. Jam-packed text is enhanced by graphic elements and tables are used to provide ease of use.

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Customer Reviews

This chart is perfect for quick tips and explanations and makes for a perfect reference guide for Developmental Psychology. The laminated pamphlet is perfect for a binder and can be reviewed without removal. I recommend this for anyone who loves Psychology or who is majoring in the course.

Helps me with school, I am going into nursing and everything helps. so thank you, it came in a timely fashion and in really great condition

Love Psychology: Developmental (Life Span) it's a great quick reference guide.

Very helpful for psychology classes!

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